



Putting the Anthropology into mHealth Design

What I do in 3 points:



I study health experiences in everyday life and on a screen.



I find variables that disrupt health services, and present them to app-developers.



I incorporate an inclusive, human-centered design into digital products.

Why I study Anthropology



Anthropology continues to amaze me how diverse and interconnected the world is. It challenges how I perceive the world. Since undergrad, I noticed that I tend to think more critically of social systems. Yet, this fuels me to find and design solutions, big and small.

Latest Activity



Deconstructing an app for chronic-care patients, while formulating research questions.

Thoughts from my experiences



Why Anthropology matters:

- Highlights community-level insights
- Values human complexity
- Introduces important questions before making tough decisions.



Anthro is best when shared!

- Learn a new skill to complement your anthropological training. For me, it was programming and visual design.
- Networking is half the battle. Find local meet-ups, conferences, or experts in your area of interest.



"Is my Anthro degree useful?"

- My peers like to say, "If something involves people, anthropology can be useful."
- Examples: healthcare, education, policy, communication, technology, NGOs, etc.



Let's Connect!

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A mid-fi mockup for a digital version for a mental health form used in clinics.



My team and I winning 1st place in a healthcare themed hackathon in Austin, TX.