

## <u>Using Anthropological Interview Skills in</u> <u>Clinical Rating for Psychiatric Research</u>

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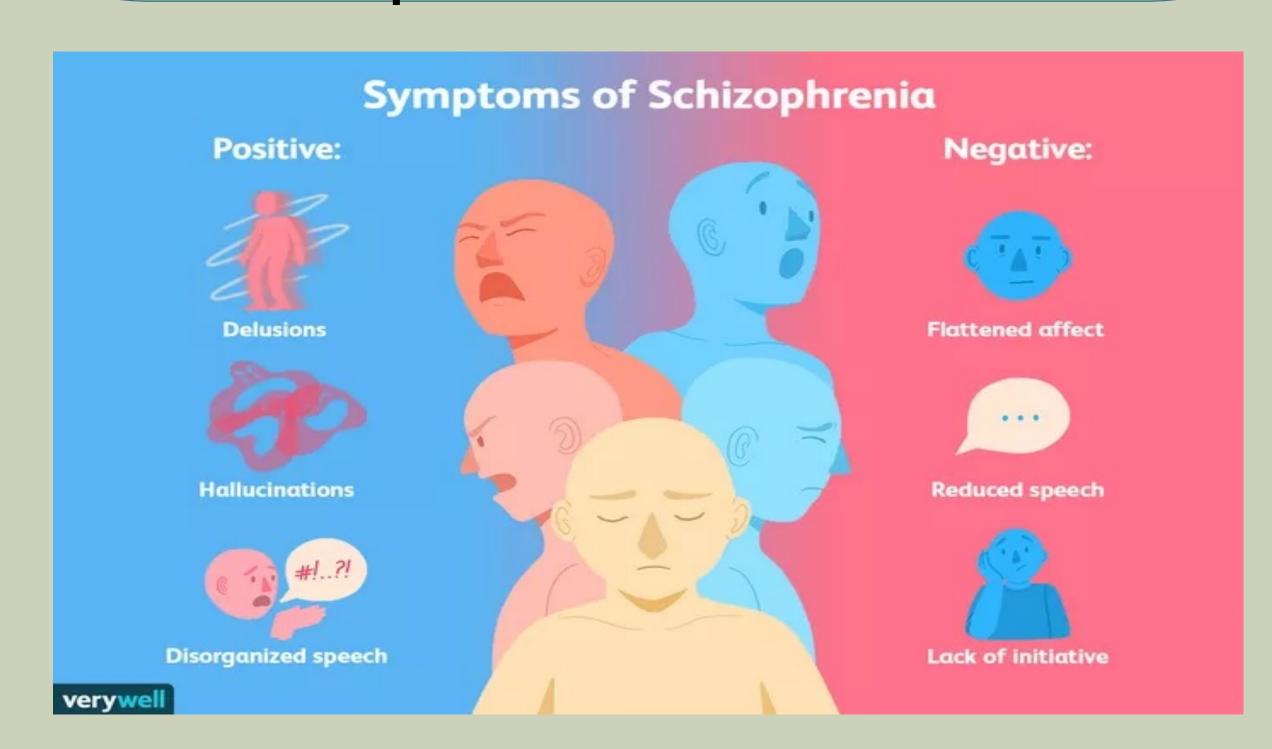


#### What I Do:

- Conduct semi-structured interviews to determine the diagnosis and severity of various mental health disorders
  - Use interviews to track any change in the subject's mental condition
  - These scales are the main endpoint by which the efficacy of experimental medications are judged
- Establish and maintain rapport with subjects diagnosed with a variety of mental heath disorders
  - Body language <u>listening</u>
    without judgment
  - Answer any questions to the subject's satisfaction
  - Ensure the subject is comfortable

### How I Use Anthropology:

- Conduct interview with concern to both factual and conceptual bases
  - What do they see and how are the hallucinations interpreted?
  - Are hallucinations culturally appropriate?
  - If so, it may not be a psychotic feature
- Determine insight and judgment
  - Does the subject recognize the illness?
  - Does the subject recognize the seriousness of the condition?
  - How is the illness conceptualized?



#### Semi-Structured Interviews

- Mini-International Neuropsychiatric Interview (MINI)
  - Primary diagnostic tool in mental health
- Positive and Negative Syndrome
  Scale (PANSS)
  - Assesses severity of schizophrenia over three areas

# • Other Semi-Structured Interviews

- Young Mania Rating Scale (YMRS)
- Columbia-Suicide Severity Rating Scale (C-SSRS)
- Hamilton Anxiety Rating Scale (HAM-A) & Hamilton Depression Rating Scale (HAM-D)
- Montgomery-Asberg Depression Rating Scale (MADRS)