### Anthropology that Matters: Anthropology can improve health outcomes for children and their families

As the Early Intervention Manager for a Migrant and Seasonal Head Start Program, I ensure health, mental health, nutrition, and special education services for agricultural workers' children.

#### **Be Culturally Competent**

I communicate the importance of healthcare to disadvantaged families that would otherwise not have a medical home regardless of their legal status.



## I Use Anthropology to:

# Collect Quantitative and Qualitive data for research and evaluation.

- I obtain families medical histories to see gaps in healthcare and predict future needs.
- Data across programs statewide helps determine where efforts need to be focused
- Evaluation on the national level helps to create campaigns developed specifically for MSHS families.

# Educate medical providers in the community on the unique population they serve.

- Contracts are in place with federally funded migrant health centers in rural areas.
- I participate in health services advisory committees that discuss the issues families face and resources they can access (education, shelters, legal advice, and nutritional needs)

Anthropology matters! I use it everyday incommunication, research, analysis, management, collaboration, and to empathize with the people I serve.



My past jobs have been in substance abuse prevention- in each interview I highlighted how the skills I learned studying anthropology would help me work in the community and effectively make an impact.