

Anthropology as the 'to' in Farm-to-table

Current Projects



Cocinando Tu Vida



Curriculum and Recipe Design



Cocina Alegre



SNAP Acceptance



Fundraising



#Eatmoregreens



Oldways



Partnership to address food security

How do I use anthropology?

- I use collaborative methodologies to develop projects and programs that focus on equitable access to healthy foods in North Texas.
- I identify and troubleshoot the breakdown in food access that occurs at the community level.
- I work with community members to find ways to increase overall health and access to nutritional foods.

Why Anthropology?

- I needed a skill set that taught me how to ask the right questions so the data retained significance.
- Anthropology offers a way to create solutions with and for the community using tested theory and appropriate methodologies.
- It is flexible! Because the community I work with may change from day to day, anthropology is essential in developing individualized solutions through various theories and methodologies.
- Anthropology empowers the community by lending gravitas to traditional or local knowledge.

What does it look like?



Other skills I needed

- Spanish
- Teacher training or experience
- Basic book keeping
- Cooking knowledge
- Nutrition comprehension
- Grant-writing helpful

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